

SOUTH ESSEX CROSS COUNTRY LEAGUE 2022/2023
DIVISIONS ONE, TWO & THREE

1st ROUND - HADLEIGH PARK
20th November 2022

HELD UNDER UK ATHLETICS RULES
CROSS COUNTRY PERMIT NUMBER CC2022/0552

INDIVIDUAL WINNERS

	<u>Time</u>	<u>Name</u>	<u>Club</u>
First Man	25:32	Taite Wallis	Billericay Striders
First Woman	33:39	Eleanor Johnson	Leigh-on-Sea Striders

TEAM RESULTS

Division One

<i>Pos</i>	<i>Club</i>	<i>Men</i>	<i>Women</i>	<i>Total</i>	<i>Penalty</i>	<i>TOTAL</i>	<i>Points</i>
1st	Leigh-on-Sea Striders	84	14	98	0	98	4
2nd	Billericay Striders	88	38	126	0	126	3
3rd	Benfleet RC	118	53	171	0	171	2
4th	Barking Road Runners	746	155	901	0	901	1

Division Two

<i>Pos</i>	<i>Club</i>	<i>Men</i>	<i>Women</i>	<i>Total</i>	<i>Penalty</i>	<i>TOTAL</i>	<i>Points</i>
1st	Rochford RC	402	72	474	0	474	4
2nd	Castle Point	355	146	501	0	501	3
3rd	East Essex Tri	393	206	599	0	599	2
4th	Brentwood RC	262	146	408	672	1080	1

Division Three

<i>Pos</i>	<i>Club</i>	<i>Men</i>	<i>Women</i>	<i>Total</i>	<i>Penalty</i>	<i>TOTAL</i>	<i>Points</i>
1st	Pitsea RC	386	147	533	0	533	4
2nd	Havering 90 Joggers	484	163	647	0	647	3
3rd	Dagenham 88	723	218	941	0	941	2
4th	Tri Sport Epping			0	1336	1336	1

N.B. *Division 1 = 7 men (2 vets) & 4 women (1 vet) to score*
Divisions 2 & 3 = 6 Men (2 vets) & 4 women (1 vet) to score